

Middleburgh Central School District Elementary School Lunch Menu

March 2018

Meal Pricing:

Elementary School:

Breakfast—\$1.50, Full Lunch—\$2.25

Jr. Sr. High School:

Breakfast—\$1.50, Full Lunch—\$2.50

Reduced Price Meals: Breakfast/Lunch—.25 cents (all schools)

All bread, pasta, rice, pizza, and taco/tortillas are whole grain.

Daily Vegetable Choices

Fresh veggie cups w/ dip, tossed green salad, hot vegetable of the day.

*Students **MUST** choose a fruit or vegetable as part of a reimbursable meal.

Available Daily

Pizza Available Daily

Alternate Sandwich of the Day

Monday—turkey sandwich

Tuesday—buffalo chicken

Wednesday—ham & cheese

Thursday—tuna salad

Friday—chicken salad wrap

Available Everyday

BBQ, Mozzarella Sticks, Yogurt & Granola.



Monday,	Tuesday,	Wednesday,	Thursday, March 1	Friday, March 2
We proudly support our Middleburgh Agricultural Growers	We purchase locally harvested produce, when it is seasonally available. We buy New York State grown products when available. We buy American.		Tomato Soup & Grilled Cheese Sandwich, Baby Carrots with Ranch for Dipping Fresh or Canned Fruit, Fat Free or 1% Milk Pizza Available Daily	Home made Pizza day Mixed Green Salad with Kale and Fresh Veggies. Oven Roasted Chick Peas Fresh or Canned Fruit Fat Free or 1% Milk Chicken Patty
Monday, Mar 5	Tuesday, Mar 6	Wednesday, Mar 7	Thursday, Mar 8	Friday, Mar 9
Meatball Subs, Meatballs, sauce and Cheese on a toasted whole grain sub roll, Oven Sweet Potato Fries Fresh or canned Fruit, Fat Free or 1% Milk Pizza Available Daily	Hot Turkey with Homemade Stuffing and Gravy, Mashed Potatoes Fresh or Canned Fruit Fat Free or 1% Milk Pizza Available Daily	<u>Nachos Grande</u> Seasoned Ground beef w/ Lettuce, tomato, salsa and crispy taco chips. Mexican Rice, Black Bean Salad Fresh or Canned fruit, fat Free or 1% Milk Pizza Available Daily	Homemade Macaroni & Cheese Fresh Steamed Broccoli, Dinner Roll, Fresh or Canned Fruit Fat Free or 1% Milk Pizza Available Daily	<u>Homemade Pizza Day</u> Mixed Green & Kale Salad, Oven Roasted Chick Peas, Fresh or Canned Fruit Fat Free or 1% Milk Chicken Patty
Monday, Mar 12	Tuesday, Mar 13	Wednesday, Mar 14	Thursday, Mar 15	Friday, Mar 16
Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes Sweet Corn & Homemade gravy Piled in a bowl Dinner Roll Fresh or Canned Fruit Fat Free or 1% Milk Pizza Available Daily	Tomato Soup with Toasted Mozzarella Cheese and Pepperoni Sandwich Fresh Baby Carrots with dip Fresh or Canned Fruit, Fat Free or 1% Milk Pizza Available Daily	<u>Homemade Baked Pasta</u> Marinara Sauce or <u>Homemade Meat Sauce</u> baked with Pasta & Cheese, Fresh Baked Bread Stick, Garlic Broccoli Fresh or Canned Fruit, 1% or Fat Free Milk Early Release Day Pizza Available Daily	<u>Nachos Grande</u> Seasoned Ground beef w/ Lettuce, tomato, Salsa and crispy taco chips. Green Beans, Mexican Rice, Fresh or Canned fruit, fat Free or 1% Milk Pizza Available Daily	<u>Homemade Pizza Day</u> Mixed Green & Kale Salad, Oven Roasted Chick Peas, Fresh or Canned Fruit Fat Free or 1% Milk Chicken Patty
Monday, Mar 19	Tuesday, Mar 20	Wednesday, Mar 21	Thursday, Mar 22	Friday, Mar 23
Hot Dog or Hamburger on a Whole Wheat Roll with Lettuce Tomato, & Pickles, Buffalo Cauliflower, Fresh or Canned Fruit, Fat Free or 1% Milk Pizza Available Daily	<u>Taco Tuesday</u> Seasoned Ground beef w/ Lettuce, tomato, salsa and crispy taco chips. Or soft shell taco Green Beans, Mexican Rice, Black Bean Salad Fresh or Canned fruit, fat Free or 1% Milk Pizza Available Daily	Spaghetti & Homemade Meat Sauce, or Marinara Sauce, Steamed Broccoli, Garlic Bread Sticks, Fresh or Canned Fruit, Fat Free or 1% Milk Pizza Available Daily	Chicken Nuggets, mashed Potatoes, Dinner Roll, Fresh or Canned Fruit, Fat Free or 1% Milk Pizza Available Daily	<u>Homemade Pizza Day</u> Mixed Green & Kale Salad, Oven Roasted Chick Peas, Fresh or Canned Fruit Fat Free or 1% Milk Chicken Patty
Monday, Mar 26	Tuesday, Mar 27	Wednesday, Mar 28	Thursday, Mar 29	Friday, March 30
Sloppy Joe Sliders topped with Shredded Cheddar Cheese. Oven Baked French Fries Fresh or Canned Fruit Fat Free or 1% Milk Pizza Available Daily	Homemade chicken and Biscuit, Glazed Carrots Fresh or Canned Fruit Fat Free or 1% Milk Pizza Available Daily	<u>Nachos Grande</u> Seasoned Ground beef w/ Lettuce, tomato, Salsa and crispy taco chips. Green Beans, Mexican Rice, Fresh or Canned fruit, fat Free or 1% Milk Pizza Available Daily	Ham & Cheese Bagel Sweet Potato Fries Fresh or Canned Fruit Fat Free or 1% Milk Pizza Available Daily	<u>Good Friday</u> 

The Middleburgh Central School District & USDA provide equal program & employment opportunities.

There us a \$10 charging limit for meals, as outlined in the District Meal Charge Policy