

Middleburgh Central School District Elementary School Lunch Menu

May 2018



Meal Pricing:

Elementary School:

Breakfast—\$1.50, Full Lunch—\$2.25

Jr. Sr. High School:

Breakfast —\$1.50, Full Lunch—\$2.50

Reduced Price Meals: Breakfast/Lunch—.25 cents (all schools)

All bread, pasta, rice, pizza, and taco/tortillas are whole grain.

Daily Vegetable Choices

Fresh veggie cups w/ dip, tossed green salad, hot vegetable of the day.

*Students **MUST** choose a fruit or vegetable as part of a reimbursable meal.

Monday,



Tuesday, May 1

Chicken Nuggets
Seasoned Rice
OR
Pizza
Seasoned Carrots
Fresh or Canned Fruit
Fat Free or 1 % Milk

Wednesday, May 2

BBQ Chicken on a Kaiser Roll
OR
Pizza
Sweet Potato Fries.
Fresh or Canned Fruit
Fat Free or 1% Milk

Thursday, May 3

Deli Day
Oven Roasted Turkey or Ham or Egg Salad or Tuna Salad on a Hoagie Roll with lettuce and tomato, Broccoli Salad
Fresh or Canned Fruit
Fat Free or 1% Milk
2nd Choice: Pizza

Friday, May 4

Pizza Day
Stuffed Crust Pizza
Kale & Iceberg Salad,
Oven Roasted Chick Peas,
Fresh or Canned Fruit
Fat Free or 1% Milk

Monday, May 7

Ham & Cheese Bagel
French Fries
Or
Pizza
Fresh or Canned Fruit
Fat Free or 1% milk

Tuesday May 8

Taco Tuesday
Seasoned Ground Beef with lettuce, tomato, cheese sauce on Soft Shell Taco, Green Beans, Salsa,
Fresh or Canned Fruit, Fat Free or 1% Milk
2nd choice: Pizza

Wednesday, May 9

Build Your Own Burger
OR
Pizza
Oven Baked Butternut Squash
Fresh or Canned Fruit
Fat Free or 1% Milk

Thursday, May 10

Chicken Tenders with Sauce for Dipping
Fluffy Brown Rice
Fresh Steamed Broccoli
Fresh or Canned Fruit
Fat Free or 1% Milk
2nd Choice Pizza

Friday, May 11

Pizza Day
Kale and Iceberg Salad
Oven Roasted Chick Peas,
Fresh or Canned Fruit
Fat Free or 1% Milk

Available Daily

Alternate Sandwich of the Day

PIZZA is service daily

Monday— turkey sandwich

Tuesday— buffalo chicken

Wednesday— ham & cheese

Thursday— tuna salad

Friday— chicken salad wrap

Available Everyday

PBJ, Mozzarella Sticks,

Yogurt & Granola.

Monday, May 14

Sweet-sour Popcorn Chicken
Seasoned Rice
OR
Pizza
Corn,
Fresh or Canned Fruit,
Fat Free or 1%

Tuesday, May 15

Toasted Mozzarella Cheese & Pepperoni Sandwich,
OR
Pizza
Tomato Soup
Fresh Baby Carrots with Dip, Fresh or Canned Fruit, Fat Free or 1% Milk

Wednesday, May 16

Baked Rotini with Sauce, Cheese and Meat balls
OR
Pizza
Green Beans,
Fresh or Canned
Fruit, Fat Free or 1% Milk
Early Dismissal Day

Thursday, May 17

Pizza Day
Stuffed Crust Pizza
Oven Roasted Chick Peas,
Fresh or Canned Fruit
Fat Free or 1% Milk
2nd choice Chicken Patty

Friday, May 18

Chef's Surprise!

Monday, May 21

Chicken Nuggets, Brown Rice, Broccoli, Dinner Roll, Fresh or Canned Fruit, Fat Free or 1% Milk
2nd choice: Pizza

Tuesday, May 22

Taco Tuesday
Seasoned Ground Beef with lettuce, tomato, cheese sauce on Soft Shell Taco, Green Beans, Salsa,
Fresh or Canned Fruit, Fat Free or 1% Milk
2nd Choice Pizza

Wednesday, May 23

Breakfast for Lunch
Egg & Cheese or Ham, Egg & Cheese on a Warm Croissant, Potato Patty, Applesauce,
Fat Free or 1% Milk
2nd choice Pizza

Thursday, May 24

Build Your Own Chicken Patty with Cheese, Lettuce and Tomatoes, Sweet Potato Fries
Fresh or Canned fruit, Fat Free or 1% Milk
2nd Choice: pizza

Friday, May 25

Pizza Day
Stuffed Crust Pizza
Kale & Iceberg Salad
Oven Roasted Chick Peas,
Fresh or Canned Fruit
Fat Free or 1% Milk

Monday, May 28



Tuesday, May 29

Nachos Grande
Seasoned Ground beef w/ Lettuce, tomato, salsa, cheese sauce, taco chips. Green Beans, Mexican Rice, Black Bean Salad Fresh or Canned fruit, fat Free or 1% Milk
2nd: Choice Pizza

Wednesday, May 30

All Beef Hot Dogs on a whole wheat bun with Homemade Baked Beans and Homemade Potato Salad.
Fresh or Canned Fruit
Fat Free or 1% milk
2nd choice: Pizza

Thursday, May 31

Build Your Own Burger with Sliced Cheese, Pickles & Sliced onion. Sweet Potato Fries,
Fresh or Canned Fruit, Fat Free or 1% Milk
2nd Choice : Pizza

Friday,



The Middleburgh Central School District & USDA provide equal program & employment opportunities.

There us a \$10 charging limit for meals, as outlined in the District Meal Charge Policy